

# Oak Grove School District 68

1700 S. O'Plaine Rrd.

Green Oaks, IL 60048

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Contact: Angela Phillips

Physical Restraint, Time Out, Isolated Time Out (RTO) Reduction Plan  
June 2023

## Progress Reports

### District RTO Data

School Year	Students with 5+ instances of RTO within a 30 day period	Additional Information
2020-2021	0	For the entire year, 70% of the students learned onsite in the building and 30% of the students learned remotely  <b>Student B2</b> - 1 RTO for year
2021-2022	0	Students returned in person <b>Student A1</b> - 4 total RTO for year <b>Student B3</b> -1 total RTO for year <b>Student C3</b> - 4 total RTO for year
2022-2023	1	<b>Student DK</b> - 7 total RTO for year  <b>Student EK</b> - 42 total RTO for year * Attend therapeutic day school

		<b>Student FK</b> - 6 total RTO for year * Moved out of state 4/14/23 * Attended therapeutic day school  <b>Student G6</b> - 1 RTO for year * Attends therapeutic day school
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**How has your district's school year 2022-23 RTO Reduction Plan supported improvements?**

Our plan included additional staff development in restorative practices and increasing the number of staff who attended NVCI training and were certified. Restorative practices was a focus area for the 22-23 school year and staff development was provided throughout the school year. In addition, we now have over 25% of our staff who have attended NVCI training. None of the students who had been physically restrained in the 21-22 school year required that level of intervention during the 22-23 school year. The only student who attended Oak Grove who was restrained was a student new to our school. Our other three students who have been restrained this year all attend public therapeutic day school.

**What targeted areas for RTO reduction were not as successful (If any)? Please describe any factors that contributed to the unexpected results from your previous RTO Reduction Plan.**

Our goal was to reduce the total number of RTO by 25% or to have a total of no more than 6 instances in a year requiring use of an RTO. For the students who attend Oak Grove, our total was 7 for the year. However, a big positive was that none of the three students who had required a restraint in 21-22 school year, required a restraint this year.

One of the significant changes were the additions of two new students attending the therapeutic day schools.

## **Reduction Plan**

### **23-24 Team members:**

Angela Phillips, Student Services Director  
Roseanne Bliss, School Psychologist  
Anna Edelson, Middle School Teacher  
Mary Jo Swift, Paraprofessional  
Rob Rendon, Lunchroom Supervisor

Ryan Murray, Principal  
Whitney Mann, Middle School Teacher  
Wendy Miller, Elementary Teacher  
Dalia Afify, Paraprofessional

### **List Dates of oversight team meetings:**

For the 2023-24 school year, the Principal and the Student Services Director will meet each trimester to review the District plan and will set up meetings with the RTO team if progress is not being made.

## **Goal Development**

We were approved for the Alternative RTO reduction plan. The goal we are focusing on is to reduce the number of physical restraint incidents per individual student in a 30 day period by 20% (Option 1).

Required Components	Action Item	Steps to Complete Action Item	Timeline	Responsible Party
<p><b>Provide details of a plan to support a vision for cultural change that reinforces the following:</b></p> <p><b>A. Explain how the entity plans to adopt and utilize positive behavioral support rather than physical restraint, time out, and isolated time out;</b></p>	The District continues to focus on restorative practices and relationship building as a priority in staff development	<p>2 Summer Book Club offerings-" Morning Meetings" and "Relationship, Responsibility and Regulation"</p> <p>Integrating Trauma Informed and Restorative Practices</p> <p>Ukeru de-escalation strategies</p>	<p>July 2023</p> <p>August 2023-Institute Day</p> <p>Throughout the 23-24 school year</p>	Assistant Superintendent of Teaching and Learning
<b>B. Identify effective ways/best practices to de-escalate situations to avoid physical restraint, time out, and isolated time out;</b>	Reinforce NVCi strategies	Celebrate staff who have attended the NVCi and share these best practices with staff as a Faculty meeting	September Faculty Meeting	Administrative Team
<b>C. Describe how the entity will utilize crisis intervention techniques as an alternative to physical restraint, time out, and isolated time out; and</b>	Support teacher use of the identified best practices. Teachers can call crisis team to assist as needed	Reinforce the availability of Crisis team as needed	September Faculty Meeting	Administrative Team
<b>D. Describe the entity's plan to utilize debriefing meetings to reassess what</b>	The Principal/Asst. Principal will notify all team members and	Notify staff of the debriefing expectation	September Faculty Meeting	Administrative Team

occurred and why it occurred and to think through ways to prevent use of intervention the next time.	meet within 24 hours to debrief and brainstorm preventative interventions.			
<b>E. Include action step(s) that describe procedures to ensure that appropriate school personnel are fully informed of the student's history, including any history of physical or sexual abuse, and other relevant medical/mental health information. Such disclosures of student information must be consistent with the federal and state laws and rules governing student confidentiality and privacy rights.</b>	<p>Teachers will be notified by case managers if a student has an IEP, including a Behavior Intervention Plan.</p> <p>Teachers will be notified by appropriate personnel (social workers, nurses, administrators) of any students who are not identified with special education needs but have experienced trauma, health needs</p>	<p>Case managers share IEPs to all teachers working with students</p> <p>Appropriate personnel (social workers, nurses, administrators) share any additional information about non special education students</p>	<p>Prior to the start of the school year</p> <p>As soon as information is received</p>	<p>Student Services Director reminds case managers of this responsibility</p> <p>Appropriate personnel</p>
<b>F. Identify steps to develop individualized student plans as required by PA 102-0339. Plans should be separate and apart from a student IEP or 504 plan.</b>	Through problem solving, student behavior logs will be reviewed. FBAs and BIPs considered	Establish dates to review behavior logs	Monthly	Problem-solving team members
<b>G. Describe how the information will be made available to parents for review.</b>	School website	Post on website	When approved by ISBE	Student Services Director and website manager

<b>H. Describe a modification process (as necessary) to satisfy aforementioned goals.</b>	Admin team meet at the end of trimester to assess progress on goals	Put trimester meetings on calendar	Summer 2023	Administrative Team
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